

A consumer medicine information (CMI) leaflet is designed to inform consumers about prescription and pharmacist-only medicines. It provides information about a medicine and is written by the pharmaceutical manufacturer.

A CMI gives you important facts to know before, during and after taking your medicine.

### Where can you get CMIs?

Sometimes you can find CMIs inside the packet or box, or:

- ▶ Download them from the NPS website at [www.nps.org.au](http://www.nps.org.au)
- ▶ Ask your pharmacist or doctor to print it for you.
- ▶ Phone Medicines Line on 1300 633 424 for the cost of a local call. You can ring Mon-Fri, 9am-5pm, Eastern Standard Time.
- ▶ Contact the medical information department of the pharmaceutical company that made your medicine. Find their number in the phone book.

### Using a CMI

To ensure you have the right CMI, check that the brand name on the CMI (usually the largest text) exactly matches the brand of your medicine. Always read the entire CMI before taking a new medicine.

**Read a CMI** to ensure you get the best and safest use of the medicine, or to learn more about a medicine you're already taking. Take it with you to your doctor or pharmacist to discuss any questions about medicines.

ISSUE DATE: July 2011

**PRODUCT X®**

Generic Name \_\_\_\_\_

**Consumer medicine information**

|                                   |                                      |                            |
|-----------------------------------|--------------------------------------|----------------------------|
| <b>What is in this leaflet</b>    | <b>Using Product X</b>               | <b>Side Effects</b>        |
| _____                             | <i>How to take it</i>                | _____                      |
| _____                             | _____                                | _____                      |
| <b>What product X is for</b>      | <i>If you forget to take it</i>      | <b>After using it</b>      |
| _____                             | _____                                | Storage                    |
| _____                             | _____                                | _____                      |
| <b>Before you use Product X</b>   | <b>Overdose</b>                      | <b>Disposal</b>            |
| <i>When you must not use it</i>   | _____                                | _____                      |
| _____                             | _____                                | _____                      |
| <i>Before you start to use it</i> | <b>While you are using Product X</b> | <b>Product description</b> |
| _____                             | <i>Things you must do</i>            | What product X looks like  |
| _____                             | _____                                | _____                      |
| <i>Taking other medicines</i>     | <i>Things you must not do</i>        | Ingredients                |
| _____                             | _____                                | _____                      |
| _____                             | <i>Things to be careful of</i>       | <b>Manufacturer</b>        |
| _____                             | _____                                | _____                      |

**Keep it handy** so you can refer to it later.

**Don't** use it to try and diagnose, treat, cure or prevent illness yourself.

# INFORMATION YOU WILL FIND IN A CONSUMER MEDICINE INFORMATION (CMI) LEAFLET

**ISSUE DATE:** July 2011

## PRODUCT X®

*Generic Name*

### Consumer medicine information

| What is in this leaflet         | Using Product X                | Side Effects                     |
|---------------------------------|--------------------------------|----------------------------------|
|                                 | <i>How to take it</i>          |                                  |
|                                 |                                |                                  |
|                                 |                                |                                  |
| What product X is for           | If you forget to take it       | After using it                   |
|                                 |                                | <i>Storage</i>                   |
|                                 |                                |                                  |
| Before you use Product X        | Overdose                       | Disposal                         |
| <i>When you must not use it</i> |                                |                                  |
|                                 |                                |                                  |
|                                 |                                |                                  |
| Before you start to use it      | While you are using Product X  | Product description              |
|                                 | <i>Things you must do</i>      | <i>What product X looks like</i> |
|                                 |                                |                                  |
|                                 |                                |                                  |
| Taking other medicines          | Things you must not do         | Ingredients                      |
|                                 |                                |                                  |
|                                 |                                |                                  |
|                                 | <i>Things to be careful of</i> | Manufacturer                     |
|                                 |                                |                                  |
|                                 |                                |                                  |

Material has been adapted from: Pharmaceutical Health and Rational use of Medicines (PHARM) Consumer Sub-Committee (2000) *Using Consumer Medicine Information (CMI): a guide for consumers and health professionals*. Commonwealth Department of Health and Aged Care, Canberra. Copyright, Commonwealth of Australia, used with permission.

CMI's are written by the pharmaceutical company that makes the medicine. The content is bound by government legislation that ensures the leaflet is accurate, unbiased and easy to use.

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